



WHAT IS AN ADULT DAY SERVICES (CARE) CENTER?

The National Adult Day Services Association defines Adult Day Services(Care)Centers as providing a coordinated program of professional and compassionate services for adults in a community-based group setting. Services are designed to provide social and some health services to adults who need supervised care in a safe place outside the home during the day. They also afford caregivers respite from the demanding responsibilities of care giving and enable the frail elderly and developmentally delayed adults to remain in their communities longer. (www.nadsa.org)

Chicago Commons Adult Day Care Center provides a safe and secure “home away from home” for frail seniors and developmentally delayed or physically disabled adults who need care during the day when caregivers are unable to care for them. We service both adults and seniors who have significant limitations in activities of daily living, yet are capable of riding handicapped-accessible buses.

Chicago Commons’ basic daily services include, but are not limited to social and recreational activities consistent with each client’s capabilities and care plan. Clients are involved in an exercise program designed specifically to accommodate their physical and cognitive impairments. Transportation to and from home in wheelchair accessible buses is provided. Our program nurse provides medication reminders or administration as needed. Every day, our clients are served nutritious breakfasts, lunches, and afternoon snacks that meet FDA nutritional guidelines or special diet requirements.

SPECIALIZED SERVICES

Chicago Commons offers additional, specialized services including bathing and grooming, laundry, adjunctive and creative therapies, individual and group psychotherapy, and caregiver support groups.

LOCATION

Chicago Commons Adult Day Care Center is located at 1258 W. 51st Street, Chicago, Illinois 60609.

HOURS OF OPERATION

Chicago Commons Adult Day Care Center is open Monday through Friday from 6:30 am to 5:15 pm.

COMBINATION OF SERVICES

A combination of Adult Day Care and Home Care Services are also available. For instance, if you are approved for 3 days of home care services, you may also want to come to our Adult Day Care Center on a private pay basis for two days....or something similar. There are many ways to arrange services depending on your family’s needs.